

# HAWKS NEWS

MAY 2026 | Newsletter #1



**NBL1 WEST**

**HAWKS**

Osborne Park Mitsubishi

**HAWKS**

Osborne Park Mitsubishi

**HAWKS**

W 6.30PM  
M 8.30PM

**HOME GAME**

FRI 15 MAY | BENDAT BASKETBALL CENTRE

**PINK GAME FUNDRAISER**

Breast Cancer Network Australia

VS



**SENATORS**



PRIDE.PASSION.PERSEVERANCE.RESPECT.LEADERSHIP



# HAWKS NEWS

A lot has been happening around the Hawks since last season.

We welcome our two new NBL1 Head Coaches for 2026, with Marcus Embury leading our Women's program and Ben Peterson taking over our Men's program.

Our WABL teams are well underway, while our Junior Competitions have also tipped off for the season. Junior Domestic has completed its four-week grading phase, JDL is now in Round 3, and both U8's and Aussie Hoops are up and running.

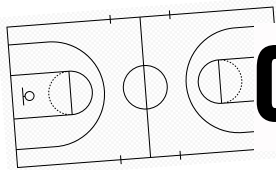
There is plenty happening across the club, so make sure you check out the sections throughout this newsletter for more updates on each competition and program.



MARCUS EMBURY



BEN PETERSON



## Court 2 Closed @BBC

Unfortunately, there has also been some disruption at Bendat Basketball Centre, with Court 2 currently out of action due to significant court damage. We are still awaiting further information regarding repair timelines and the process moving forward. As you can imagine, the temporary loss of a court has created considerable challenges with court allocations and scheduling across the venue. We appreciate everyone's patience and understanding while we continue to do our best to manage the situation. This impacts all programs and user groups at the stadium, and we thank our community for working with us through the ongoing changes.



# NBL1 WEST



The 2026 NBL1 West season has marked an exciting new chapter for our Hawks programs, with Marcus Embury leading the Women's team and Ben Peterson taking over the Men's program. Both teams have continued to build strongly throughout the opening rounds, developing chemistry and proudly representing The Nest on and off the court.

Our Women currently sit ninth on the ladder, while the Men also sit ninth with a 3–4 record as both groups continue to improve each week. We have already seen some big performances from Bridgette Rettstatt, Cam Huefner, Isaiah Moses, and Jack Browder, and it has been an amazing opportunity for our younger players to train and compete alongside some outstanding talent.

This week our NBL1 teams will proudly wear **special pink uniforms** kindly donated by GolfBox as we help raise funds and awareness for **Breast Cancer Network Australia (BCNA)**. We will also have cupcakes available for purchase on the night thanks to Cake Tinz and Thingz, along with prizes and giveaways from Maurice Meade. Bring a gold coin donation and wear your pink. There is a prize for best dressed.

We encourage all Hawks members and supporters to get down to the Nest this week, support a great cause, and get behind our teams throughout the 2026 NBL1 West season.



GAME NIGHT GIVEAWAYS

PRIZES

EST. MM 1974

**MAURICEMEADE**

Breast Cancer Network Australia

Support **BCNA** With a Gold coin Donation or More... at the game

Head to our HAWKS SHOP to purchase Pink Items

PURCHASE AT THE GAME

Cake Tinz N'THINGZ

ALL PROCEEDS GO TO BCNA

Breast Cancer Network Australia

# BREAST CANCER IN AUSTRALIA

Breast Cancer Network Australia



In 2025, it is predicted that

women & men

will be diagnosed with breast cancer. This means that approximately **20,336** people will be diagnosed with breast cancer in Australia in 2025.

INCIDENCE

ON AVERAGE,  
**56**  
every day.



The incidence rate of women and men being diagnosed with breast cancer in Australia is increasing: however the mortality rate from breast cancer is decreasing.

THE RISK OF BEING DIAGNOSED WITH BREAST CANCER OVER A LIFETIME IS

**1 IN 17** & **1 IN 612** FOR MEN.

Breast cancer is the most common cancer diagnosed in Australia in women. It is estimated that breast cancer will account for approximately **27 PER CENT** of all new cancers in women in 2025.



The chance of surviving at least five years (five-year relative survival) has increased from **75 percent**

**1987-1991**

TO

**93 per cent**  
**2017-2021.**



Increasing survival is due to earlier diagnosis through screening and improved treatments.

Australia has one of the best breast cancer survival rates in the world.

SURVIVAL

**20,950**  
**PEOPLE**

This figure highlights the urgent need for ongoing data collection in all states and territories.

PEOPLE LIVING IN RURAL & REMOTE AREAS, YOUNGER (PRE-MENOPAUSAL) WOMEN, MEN, FIRST PEOPLES & PEOPLE WITH LOW SES STATUS OFTEN HAVE POORER OUTCOMES.

MORTALITY



Breast cancer accounts for **14.2 PER CENT**

of all cancer deaths in Australian women and is currently the second leading cause of cancer death in Australian women after lung cancer.

In 2025, it is estimated that **3,313** women & **40** men

will die from breast cancer. That means **9** Australians die from breast cancer every day.

RISK



THE RISK OF BEING DIAGNOSED WITH BREAST CANCER INCREASES WITH AGE.

APPROXIMATELY  
**80 PER CENT**  
OF NEW CASES OF BREAST CANCER ARE IN WOMEN AGED 50 OR ABOVE.

Approximately **5-10 PER CENT** of breast cancers are due to a strong family history or genetic mutation, such as BRCA1 or BRCA2.

THE FUTURE

Given the increasing and aging population, the number of people diagnosed with breast cancer is expected to increase each year.



# NBL1 WEST

GET TO KNOW OUR NBL1 WOMEN



**#1 Mila Wawszkowicz**  
Age 21  
Height 181cm  
Position Guard



**#5 Mia Bailey (C)**  
Age 27  
Height 177cm  
Position Guard



**#6 Emilie Beggs**  
Age 18  
Height 180cm  
Position Guard



**#7 Maddy Zugna**  
Age 24  
Height 184cm  
Position Forward



**#8 Charli Graziano**  
Age 20  
Height 175cm  
Position Guard



**#9 Nicola Moore**  
Age 18  
Height 187cm  
Position Forward



**#10 Jess Jakens**  
Age 31  
Height 181cm  
Position Forward



**#11 Eva Smith**  
Age 18  
Height 187cm  
Position Guard



**#12 Ellie Newman**  
Age 23  
Height 185cm  
Position Guard





# NBL1 WEST

GET TO KNOW OUR NBL1 WOMEN



**#14 Jenna Teasdale**

**Age** 23  
**Height** 185cm  
**Position** Forward



**#20 Makenna Marisa**

**Age** 24  
**Height** 179cm  
**Position** Guard

*IMPORT*



**#21 Bridgette Rettstatt**

**Age** 27  
**Height** 190cm  
**Position** Forward

*MPORT*



**#22 Emma Clark**

**Age** 19  
**Height** 180cm  
**Position** Guard



**MITSUBISHI  
MOTORS**

## Osborne Park Mitsubishi





# NBL1 WEST

GET TO KNOW OUR NBL1 MEN



**#0 Jack Browder**  
Age 21  
Height 193cm  
Position Guard  
*IMPORT*



**#1 Andreas Grubisa**  
Age 19  
Height 197cm  
Position Guard  
**SYNGENIS**



**#3 Isaiah Moses**  
Age 24  
Height 182cm  
Position Guard  
*IMPORT*



**#4 Darcy Knox**  
Age 31  
Height 199cm  
Position Guard



**#6 AJ Nobensi (C)**  
Age 25  
Height 180cm  
Position Guard  
**Elastoplast**



**#8 Jaden Exeter**  
Age 16  
Height 201cm  
Position Forward  
**zwish PUBLISHING**



**#9 Jaron Rillie**  
Age 24  
Height 180cm  
Position Guard



**#11 Leigh Rickwood- Pitt**  
Age 23  
Height 206cm  
Position Centre



**#12 Jack Kingswood**  
Age 20  
Height 197cm  
Position Guard



# NBL1 WEST

GET TO KNOW OUR NBL1 MEN



**#18 Apiok Dau**

**Age 26**  
**Height 203cm**  
**Position Forward**



**#20 Aluth John**

**Age 21**  
**Height 185cm**  
**Position Guard**



**#21 Riley Leach**

**Age 20**  
**Height 193cm**  
**Position Guard**



**#22 Max Bucknell**

**Age 24**  
**Height 180cm**  
**Position Centre**

**Dulux**  
**TRADE**



**#24 Tobey Martin**

**Age 22**  
**Height 192cm**  
**Position Guard**



**#25 Cam Huefner**

**Age 24**  
**Height 204cm**  
**Position Forward**

**GOLFBOX**



**#41 Harry Evans**

**Age 21**  
**Height 180cm**  
**Position Guard**



**#45 Riley Parker**

**Age 23**  
**Height 189cm**  
**Position Guard**



# NBL1 WEST



## NBL1 WOMEN COACHING STAFF

## NBL1 MEN COACHING STAFF



**MARCUS EMBURY**  
Head Coach



**BEN PETERSON**  
Head Coach



**Danika Pisconeri**  
Asst Coach



**Mark Matthiessen**  
Asst Coach



**Leo Jusuf**  
Asst Coach



**Nic Vlahov**  
Asst Coach



**Jane Lowther**  
Team Manager



**Lilli Bathman**  
Team Physio



**Jackson Hamilton**  
Sports Trainer



**Paul Summers**  
Team Manager



# WABL



As we head into Round 4 of the 2026 WABL season, it has already been a huge start to the year for the Perry Lakes Hawks.

In 2026, the Hawks are proudly fielding 38 WABL teams, including our 2 Open Championship teams, representing a total of 545 athletes across the program. It is fantastic to see so many players wearing the blue and white each week and continuing to represent our club with pride, passion and perseverance.

The opening rounds have certainly presented some challenges, with several teams currently managing low player numbers due to injuries and illness. Despite this, our athletes, coaches and managers have done an outstanding job adapting and continuing to compete each weekend.



We are also pleased to confirm that the majority of teams who secured WABL Team Sponsors have now received their warm-up tops, with only a small number of late orders still to arrive. We sincerely thank all of our sponsors for their support of our athletes and the Hawks WABL program.

A reminder to all players and families that all playing shorts must feature the league sponsor TCD logo. Warm-up tops and polos are also required to display the correct sponsor logos. If you missed the recent rebranding process, please contact the office as we still have a limited number of heat press logos available that can be applied to existing apparel.





# WABL



A special congratulations goes to our U14 Girls team, who have officially qualified for the Foot Locker Club Championships, to be held at Willetton at the end of September. The group is incredibly excited for the opportunity and has been working extremely hard on their game.



The team has also begun fundraising efforts to help support their Club championship campaign, and we encourage the Hawks community to get behind them.



Finally, the new WABL Handbook has now been uploaded to the Perry Lakes Hawks website. We strongly encourage all families, players and coaches to take the time to read through it, as it contains important information regarding the 2026 season, including updated E-Points rules and other key competition information. Thank you again to all players, coaches, managers, volunteers, sponsors and families for your continued support of Hawks Basketball. We look forward to seeing everyone continue to grow and compete throughout the season.



# JUNIOR COMP



Kyle joined the Hawks team in mid-April and is currently regrading teams & producing fixtures, in readiness for the season proper commencing later in the week.

With over 380 teams and more than 3000 registered players, this is a big task to take on, going into your 4<sup>th</sup> week in the role.

Special shout out and thanks to Megan who has been 'caretaking' since Luke departed in mid-February and has been and continues to be a very able 'teacher' for Kyle.



## Junior Domestic Photos

BENDAT BASKETBALL CENTRE  
MORE INFO TO COME OUT NEXT WEEK VIA  
YOUR JUNIOR CLUBS

**FRIDAY 22ND MAY: 4PM TO 7PM**  
**SATURDAY 23RD MAY : 7AM TO 3PM**  
**TUESDAY 26TH MAY : 4PM TO 6PM**



# REFEREES



Eddie returns to co-ordinator our large referee program and is the point of contact for all our referees.

It's no easy task rostering referees over 3 venues, for 175 Junior games weekly and up to 20 WABL games each Sunday, along with rostering games controllers, ref co-ordinators and referee coaches for our games to run.

This role is a part time role for Eddie as he is full time employed in the health profession. - Thanks, Eddie, for all you do.



# BEHAVIOR



## Don't Be THAT Parent... Or Coach!

Remember — these are children learning, developing, and playing the game they love. Parents, players, coaches, and supporters all play a huge role in creating a positive basketball environment.

Always lead by example ▶ show **RESPECT**, keep the game **FUN**, and **SUPPORT EVERYONE!**

- ✓ Cheer for the kids
- ✓ Encourage teammates and officials
- ✓ Be a positive role model
  
- ✗ Don't yell at referees
- ✗ Don't abuse players or coaches
- ✗ Don't forget what junior sport is really about

Our referees are learning too — just like the players and coaches. Without them, the game simply doesn't happen. Please support and respect all officials as they continue to develop their skills and confidence.

**Bad behaviour,  
abuse, and poor  
sideline conduct  
will not be  
tolerated.**

Let's work together to make basketball a safe, enjoyable, and positive experience for everyone involved ❤️❤️





# CORPORATE PARTNERS

## MAJOR PARTNERS



Osborne Park Mitsubishi



## APPAREL PARTNER



## NBL1 MEN PARTNER



ACP SLEEP CLINIC  
SLEEP APNOEA SPECIALISTS

## CLUB PARTNERS





# WABL PARTNERS

## 2026 WABL TEAM PARTNERS



U12-1 Girls



U12-1 Boys



U12-4 Girls



U12-3 Boys



U12-4 Boys



U14-1 Girls



U14-1 Boys



U14-2 Girls



U14 -2 Boys



14-3 Girls



U14 -3 Boys



U14-4 GIRLS



U14-4 Boys



U16-1 Girls



16-1 Boys



16-2 Girls



U16-4 Girls



U18-1 Girls



18-1 Boys



U18-2 Boys



18-3 Boys



U18-4 Men



U20-2 Men



NBL1 WEST

W 6.30PM  
M 8.30PM

# HOME GAME

FRI 15 MAY | BENDAT BASKETBALL CENTRE

PINK GAME FUNDRAISER



Breast  
Cancer  
Network  
Australia

VS

